AWAKEN YOUR JUILING

by Deidre

Thank you for downloading:

Awaken Your Divine Intuitive Power

If after reading this Special Report, you find the information valuable and know someone who might benefit from the contents, please send them an email including this link, so they can get their own copy and learn more about the services and products I offer: <u>www.AnneDeidre.com</u>

Awaken Your Divine Intuitive Power Author: Anne Deidre Copyright © 2013 by Anne Deidre

Published by Anne Deidre

All Rights Reserved. No part of this publication may be reproduced in any form or by any means, electronically or mechanically, including photocopying or recording, without written permission from the author, except for the inclusion of brief quotes in a review. The purchase of this product, individually or as part of a strategic retreat or workshop, entitles the purchaser the right to print and use the information for personal use only.

Anne Deidre offers Intuitive Readings and Personal Intuitive Coaching as well as a wide range of Intuitive Development Group programs and services. Stop by Anne's Intuitive Development Store for a variety of products and services to support you in awakening your Divine intuitive power.

Learn more at <u>www.AnneDeidre.com</u>





About Anne



Anne Deidre is a sought-after and highly respected Intuitive Vibrational Catalyst and Coach, bestselling author, empowering speaker and Intuitive Artist who works with Divine Energy and Frequency that includes Spirit, Ascended Masters, Archangels and each soul's Divine Self to shift energetic patterns, clear and release trauma, catalyze dormant gifts and talents and ignite the Divine intuitive power within each person.

Anne's transformational gifts allow her to intuitively 'shine a light' into a client's energy system and illuminate their hidden and or

dormant Divine gifts and talents that their soul is here to share. Her unique and powerful healing gifts allow her to shift her client's energetic patterns, release trauma and create new patterns in her clients chakra and energy systems so that they can bring their Divine gifts to the world.

Anne's access to higher realms began 20 years ago as an Intuitive Artist. Later in 2005, after a dark night of the soul, she was initiated into the Christ Consciousness during meditation which you can read about in her bestselling book <u>Miraculous: How My</u> <u>Spiritual Awakening Cured My Depression, Inspired My Purpose and Ignited the Intuitive Powers Within</u>.

Anne energetically imprints her healing energy into all of her books, artwork and Intuitive Development products which along with the above title includes the books Extreme Intuitive Makeover 55 Keys to Health, Wealth, and Happiness which was endorsed by Eldon Taylor and Peter Calhoun, as well as Inner <u>Visions: The Healing Path of Art</u> which integrates her extraordinary artwork with her spiritual wisdom.

Anne's other visionary products include the <u>Intuitive Life Makeover™: Chakra</u> <u>Clearing</u> ecourse, <u>Spiritual Enlightenment Oracle Cards: A Toolkit for Creating</u> <u>Divine Magic and Miracles in Your Life</u> and the <u>Soul's Purpose Now Workbook</u>.

Her online course, <u>Spend More Time Doing What You Love</u> is a popular Daily Om favorite and hit the Top 10 in its first week. Anne has been invited to contribute her Divine wisdom with numerous high-profile sites including Dr. Laura, BeliefNet, eHarmony and Aspire Magazine to name a few. She is a sought after telesummit guest and has appeared on Inspired Living Secrets, Sacred Living Telesummit and The Healthy Wealthy Evolution. If you are interested in booking Anne as a speaker or media guest please *click here*.

Anne lives in northern New England with her husband, Dean, and her two loving and creative teen sons.

Learn more at www.AnneDeidre.com



INTRODUCTION

"For all who are searching... the answers, healing and joy you seek are within you. My sacred role is to reconnect you with the truth of who you are empowering you to embrace that truth."

- Anne Deidre

hat if I told you that right now in this very moment you have access to all the answers you seek about love, your life purpose, your divine gifts and so much more?

Most likely, like most of us on this human journey, you've spent many years looking outside yourself for the answers you sought. As you did so, you took on layers of false beliefs, traumas and wounds that now separate you from the truth of who you are and those layers are acting as energetic blocks or veils preventing you from accessing your Divine Intuitive Power (inner wisdom).

Like many of the clients that I serve as an Intuitive Vibrational Catalyst and Coach you've most likely spent years working on your personal development, maybe even filling pages of your journal with affirmations, attending numerous workshops, reading hundreds of books and possibly even creating a vision board or two – but the change, if any, never seems to last. You continually find yourself in the same pattern or circumstances whether it is related to finances, relationships, self-worth or self-sabotaging behaviors.

The Answers Lie in Your Divine Energetic Blueprint

When you entered into this human existence you arrived energetically embedded with what I refer to as your "**Divine Energetic Blueprint**." This unique and sacred blueprint contains everything your Higher Self needs to know in order to evolve to its highest potential in this lifetime. It contains the unique gifts and talents that you are here to share, access to love and joy in its purest essence and a deep, trusting connection to the Divine.

As you moved through your human existence you took on layers of false beliefs, traumas, wounds and psychic energy that may have left you feeling disconnected from the truth of who you are – but the sacred truth is you can never be disconnected from your Source. Think of these layers of false beliefs, traumas and wounds as energetic blocks or veils that prevent you from accessing and aligning with your Divine Intuitive Power (inner wisdom). These blocks and veils manifest as symptoms in your life such as feeling like a stranger in your own life; constant anxiety and fear; loss of passion and joy and more.



The Sacred Keys Within



Within your Divine Energetic Blueprint are the sacred keys to living a life of joy, passion and abundance. You may know these keys as the chakras, but I refer to them as your "Wealth Centers." I began referring to them as Wealth Centers after years of intuitively and energetically connecting with and tuning into my clients Divine Self and Energetic Blueprint and discovering a *wealth* of sacred *information* within each one. Working with Divine Energy and Frequency that includes Spirit, Ascended Masters, Archangels and your soul's Divine Self I am able to 'see' the blocks, traumas and false beliefs that have been sabotaging you from reaching your dreams or goals.

Until you clear and release the layers of energetic blocks on an *energetic* and *spiritual level* you cannot experience the manifestation of what you desire. You've found your way to this page because you are being called to heal at the deepest level so that you can serve the world with your unique essence, gifts and sacred wisdom in a way that only you can.

In my work as a Vibrational Intuitive Catalyst what I've discovered is that a majority of clients were coming to me expressing nearly the same descriptions of symptoms they were experiencing. As I began to look closer, I came to understand that the symptoms that manifest in our outer life are how our Higher Self lets us know we are out of alignment with our Divine Energetic Blueprint – our truth. Time and time again, as my clients healed on an energetic and spiritual level they shared that many of the symptoms they struggled with (many for years) had been replaced with higher vibrational energies and they experienced major shifts in their lives. It's time to tune into the wisdom and message your symptoms are trying to tell you. On the next page I share some of the main symptoms described by my clients.



Symptoms You are Out of Alignment with Your Divine Truth

- A deep sense of disconnect from your true essence or higher self
- Feeling like a stranger in your own life continually wondering "How did I get here?"
- Powerful longing to experience life at a deeper level
- Living on auto-pilot emotionally and spiritually disconnected from life
- You have forgotten what it feels like to 'feel'
- Loss of passion and joy for life constant anxiety and fear and at times deep sadness
- Disconnected from your creativity and are yearning to birth something

 anything
- Deep calling that NOW is the time for change but feeling 'safe' in the inauthentic life you are living
- Feeling smothered by the layers of false beliefs, wounds and traumas you've energetically taken on
- Struggling in a job or career that is sucking the joy and life energy from your life
- You wear so many 'masks' that you've forgotten who you are
- Repeating the same self-sabotaging patterns yet know there is another way
- A deep, burning desire to live and experience life from a place of radiant love, joy and authenticity

If you are experiencing one or more of the symptoms and are living by default instead of by Divine design, I invite you to learn more about how I can support you in releasing your layers of false beliefs, traumas and wounds and realigning your connection to source and the truth of who you are.



Divine Realignment: Coming Back to Your Truth

You are being called to heal at the deepest level so that you can serve the world with your unique essence, gifts and sacred wisdom in a way that only you can. When you unlock the wisdom contained within your energy system you will discover powerful tools to access your intuition, purpose and inner well-being and will have awakened your Divine Intuitive Power.



As I shared previously, your Divine Energetic Blueprint contains everything your Higher Self needs to know in order to evolve to its highest potential in this lifetime. It contains the unique gifts and talents you are here to share, access to love and joy at its purest essence and a deep, trusting connection to the Divine.

As with any energetic system when there is a 'short' in any part of the system it causes malfunction in the whole. For my visual friends, think of your Wealth Centers as the energetic systems that run in a straight line through your body from the Divine (Crown) to the Earth (Root). If there are blocks or 'shorts' in any of the your Wealth Centers it affects your

entire Divine Energetic Blueprint and you experience symptoms related to the Wealth Center associated with it.

Divine Realignment is what occurs when I work with Divine Energy and Frequency that includes Spirit, Ascended Masters, Archangels and your soul's Divine Self and go into each of your Wealth Centers to 'see' the blocks, traumas and false beliefs that have been sabotaging you from reaching your dreams or goals.

During that process I receive messages, images and/or phrases related to each of your Wealth Centers which empowers me to facilitate the realignment of your energetic center, release false beliefs and programming and integrate true beliefs in your Soul Contracts.

Imagine, as you come back into alignment with the truth of who you are you'll discover that the symptoms you were experiencing have been replaced with higher vibrational energies, thought processes and an increased manifestation of life experiences.

In the next section I provide a brief overview of each Wealth Center, its purpose as well as the variety of issues that may be manifesting in your life if you are experiencing an excess or deficiency of energy in that particular Wealth Center.



INTRODUCING THE 7 WEALTH CENTERS (CHAKRAS)

Foundation Wealth Center (Root Chakra)

Muladhara



Location: Base of spine, coccyx Purpose: Grounding, Foundation, Stability, Survival Color: Red Symptoms or Issues: Eating Disorders Difficulty Manifesting

Financial Difficulties Disconnection from Body Lack of purpose Resistance to Change Difficulty Manifesting Adrenal issues Elimination Issues Trust Family Dynamics

Your Foundation Wealth Center, or Root Chakra contains all the experiences, false beliefs and vibrations picked up from birth to 12 months. I call this the Foundation center because it is within the root chakra that we hold our feelings and beliefs related to our sense of safety and security, as well as our ability to feel grounded and solid in our body. Until we heal the issues and false beliefs in our Foundation Wealth Center it's like building a house on a foundation of sand – it weakens the entire structure.

EXERCISE:

Find a quiet space where you can sit or lie uninterrupted for 15 to 20 minutes. Have a journal and pen close by. Use this time to listen to the Guided Healing Meditation that accompanied this ebook and begin the journey of reconnecting with your sacred energy.

If so led, when you have completed the meditation, record in your journal any insights or images that came to mind as you traveled through your Foundation Wealth Center.



Creativity and Truth Wealth Center (Sacral Chakra)

Svadhisthana



Location: Sacral area, genitals, hips Purpose: Flow, movement, pleasure Color: Orange Symptoms or Issues:

Emotions Sexuality Self-esteem Fear of Rejection Unresolved Anger Excessive Mood Swings Emotional Numbness

Your Creativity and Truth Wealth Center, or Sacral Chakra contains all the experiences, false beliefs and vibrations picked up in your first 6 to 24 months. This is where your creativity, sensuality, sexuality and honoring your feelings belief are held. In many cases suppressing your energies in any of those areas can result in depression, emotional numbness, and feeling disconnected from our sense of joy and passion.

EXERCISE:

Find a quiet space where you can sit or lie uninterrupted for 15 to 20 minutes. Have a journal and pen close by. Use this time to listen to the Guided Healing Meditation that accompanied this ebook and begin the journey of reconnecting with your sacred energy.

If so led, when you have completed the meditation, record in your journal any insights or images that came to mind as you traveled through your Creativity and Truth Wealth Center.



Power Wealth Center (Solar Plexus Chakra)

Manipura



Location: Solar Plexus Purpose: Will, Energy Color: Yellow Symptoms or Issues: Personal Power

Self-esteem Self-mastery

Strength of Will Tendency to be Cold

Your Power Wealth Center, or Solar Plexus Chakra contains all the experiences, false beliefs and vibrations picked up at 18 months to 3 plus years. This is a chakra many of us have suffered greatly by picking up the false belief that the needs, opinions and thoughts of others are more important than ours. This false belief may manifest as either being taught to manipulate others in order to experience a sense of power or control in our lives or we have experienced being manipulated and controlled by others.

EXERCISE:

Find a quiet space where you can sit or lie uninterrupted for 15 to 20 minutes. Have a journal and pen close by. Use this time to listen to the Guided Healing Meditation that accompanied this ebook and begin the journey of reconnecting with your sacred energy.

If so led, when you have completed the meditation, record in your journal any insights or images that came to mind as you traveled through your Power Wealth Center.



Love Wealth Center (Heart Chakra)

Anahata



Location: Heart, chest Purpose: Love, relationship, compassion Color: Green Symptoms or Issues:

Codependency Self-love Balance Being a Martyr Poor boundaries Lack of Empathy Fear of Intimacy Loneliness, Isolation

Your Love Wealth Center, or Heart Chakra contains all the experiences, false beliefs and vibrations picked up in between 4 and 7 years old. When we are out of balance in our Love Wealth Center (either excess or deficiency) we struggle to experience love for ourselves which of course empowers us to give love unconditionally to others. In many cases, the energetic blocks, false beliefs and wounds within our Love Wealth Center hold us back from experiencing love as form of Divine energy. If we are experiencing an excess imbalance in our Love Wealth Center, we may find ourselves in a constant struggle to get approval from others for love. If you are deficient in the Love Wealth Center it will manifest as a lack of empathy for others, an inability to connect with others on a deep level.

EXERCISE:

Find a quiet space where you can sit or lie uninterrupted for 15 to 20 minutes. Have a journal and pen close by. Use this time to listen to the Guided Healing Meditation that accompanied this ebook and begin the journey of reconnecting with your sacred energy.

If so led, when you have completed the meditation, record in your journal any insights or images that came to mind as you traveled through your Love Wealth Center.



Communication Wealth Center (Throat Chakra)

Visuddha



Location: Throat Purpose: Communication, Creativity Color: Bright Blue Symptoms or Issues: Trouble Speaking Your Truth Thy

Stifled Creativity Fear of Speaking Talking Too Much (Excess) Excessive Shyness Thyroid issues Trouble Putting Things into Words Self-expression Listening

Your Communication Wealth Center, or Throat Chakra contains all the experiences, false beliefs and vibrations picked up between 7 and 12 years old. The energy of this chakra is about speaking your truth, allowing yourself to be heard and be creatively open. It is through communication that we are able to connect and come together with others. If your Communication Wealth Center is deficient you may be holding false beliefs where your truth, opinion or thoughts do not matter, which manifests as 'holding back your truth and experiencing trouble with self-expression of any kind. For some, the false beliefs picked up during these developmental years may cause us to overcompensate and be loud, talk too much, or gossip all in our attempt to be heard.

EXERCISE:

Find a quiet space where you can sit or lie uninterrupted for 15 to 20 minutes. Have a journal and pen close by. Use this time to listen to the Guided Healing Meditation that accompanied this ebook and begin the journey of reconnecting with your sacred energy.

If so led, when you have completed the meditation, record in your journal any insights or images that came to mind as you traveled through your Communication Wealth Center.



Intuition Wealth Center (Third Eye)

Sahasrara



Location: Brow, between the eyes
Purpose: Seeing, Insight, Intuition, Gateway to Wisdom
Color: Indigo Blue
Symptoms or Issues:
Intuition Denial

Clarify Imagination Trouble visualizing Denial Difficulty Concentrating Cynicism

Your Intuition Wealth Center, or Brow Chakra contains all the experiences, false beliefs and vibrations picked up in adolescence. This is where we hold the ability to see the future as well as be the storehouse for all of our past memories, including false beliefs, traumas, and unhealed blockages. We all have the spiritual gift of being able to 'see' but until we work through the blockages of the Intuition Wealth Center we will struggle to connect with our divine source of intuition.

EXERCISE:

Find a quiet space where you can sit or lie uninterrupted for 15 to 20 minutes. Have a journal and pen close by. Use this time to listen to the Guided Healing Meditation that accompanied this ebook and begin the journey of reconnecting with your sacred energy.

If so led, when you have completed the meditation, record in your journal any insights or images that came to mind as you traveled through your Intuition Wealth Center.



Source Wealth Center (Crown Chakra)

Ajna



Location: Crown, top of head Purpose: Divine awareness, Connection to Source, Self-realization Color: Purple Symptoms or Issues: Closed Mind Disconnection from Source Spiritual Cynicism Living in Your Head

Inability to Release Attachments

Your Source Wealth Center, or Crown Chakra contains all the experiences, false beliefs and vibrations picked up in throughout your life. Using the description of the Divine Energetic Blueprint presented earlier, think of your Source Wealth Center as the energy Source that comes down from the Divine, through all your Wealth Centers and grounds your manifestations into being through the Foundation or Root Chakra.

Rigid Belief Systems

EXERCISE:

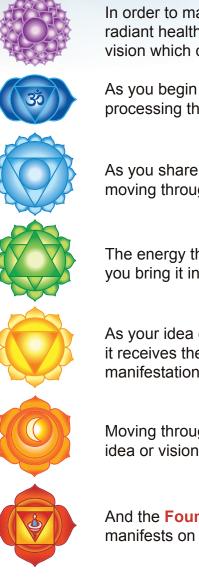
Find a quiet space where you can sit or lie uninterrupted for 15 to 20 minutes. Have a journal and pen close by. Use this time to listen to the Guided Healing Meditation that accompanied this ebook and begin the journey of reconnecting with your sacred energy.

If so led, when you have completed the meditation, record in your journal any insights or images that came to mind as you traveled through your Source Wealth Center.



UNDERSTANDING HOW THE CHAKRAS AFFECT THE MANIFESTATION OF YOUR DESIRES

To fully understand the importance of releasing the layers of false beliefs and energetic blockages you've taken on in this lifetime and how these blockages affect all that you wish to manifest in your life, let's walk an idea or vision through your Wealth Centers or Chakras.



In order to manifest anything in our lives, from love to abundance, radiant health to business success it all begins with the initial idea or vision which comes through Source Wealth Center.



As you begin dreaming and conceptualizing your idea you are processing through your Third Eye.

As you share and talk about your idea or vision with others you are moving through your Communication Wealth Center.

The energy then moves onto the Love Wealth Center which is where you bring it into relationship with yourself and others.

As your idea or vision moves through your **Power Wealth Center**, it receives the energy and drive to continue on its journey to manifestation

Moving through the Creativity and Truth Wealth Center is where your idea or vision achieves connection and begins to flow.

And the **Foundation Wealth Center** is where your idea or vision finally manifests on the physical or earth place.

Now imagine what happens to your idea or vision when one or more of your Wealth Centers are blocked with layers of false beliefs, self-sabotaging patterns or lower vibrational energies. Your desired manifestation is unable to be birthed into the physical.



SHED THE LAYERS OF ENERGETIC BLOCKS TO EXPERIENCE MIRACLES

"Within YOU are riches beyond measure. Limitless creativity, abundance, joy, inner peace and unconditional love just waiting for you to tap into this wondrous reserve."

- Anne Deidre

You've found your way to this ebook and message because you're ready to shift your energetic patterns, release your limited beliefs, catalyze your dormant gifts and live from a place of lightness, joy and authenticity.

This ebook and the accompanying audio mediation serve as an overview of your Wealth Centers, or chakras. Both have been infused with frequencies of Divine love and healing to assist you in integrating the higher vibration energies into your energetic blueprint. Continue to listen to the healing audio that you received and tune into the healing vibrations they contain.

FEELING LED TO GO DEEPER?

Time and time again, I've been blessed to witness miracles in my client's lives after our work together to clear the energetic blocks from their Wealth Centers. As an Intuitive Vibrational Catalyst, think of me as your Sacred Guide who connects with your soul's Divine Self, empowering me to share your soul's Divine messages in order to facilitate your healing on an energetic level and reconnecting you to the truth of who you are.



I invite you to learn more about how I can serve you. I offer 30 and 60 minute Intuitive Readings as well as oneon-one Intuitive Coaching programs including my most popular 4 Week Awaken Your Divine Intuitive Power program. Click image to learn more.

Discover a wealth of intuitive development products in my *Intuitive Development Store* and take the time to visit my *Intuitive Development Blog* for empowering articles, resources and exercises to empower you on your journey of awakening your Divine intuitive power.

I'm honored our paths have crossed and I look forward to serving you on your journey.

Divine Love and Blessings,

Anne Deidre Intuitive Vibrational Catalyst

